

Dudes Rock & Chicks Rule

Free cross stitch designs courtesy of Charles Craft

Fabric: Aprons, Bibs & Towels
 Design Count: 100w x 30h each
 Design Size: 7" x 2", 14 count

Cross Stitch Strands: 2
 Back Stitch Strands: 1
 French Knot Strands: 1



Cross Stitch Key

Symbol	Anchor	DMC
■	■	403 310
■	♥	46 666
■	✂	316 971
■	⊗	297 973

Back Stitch Key

Symbol	Anchor	DMC
—	—	403 310
—	—	316 971
—	—	297 973

French Knot Key

Symbol	Anchor	DMC
●	—	297 973

Start Stitching

Begin at the center of your fabric which can easily be found by folding it in half lengthwise and half again widthwise. The folded corner is the center of the fabric. To find the center of the chart, use the centering arrows at the top and left side of the chart as your guide. Begin stitching with symbol and floss color found at the center.



Cross stitch is worked in rows of the same floss color. Come up with your needle at the 1 and go down at 2 to form a diagonal stitch. Continue across the row in this manner until it is time to change colors. At this point, your needle will come up at 9 and back down at 10 as seen in the diagram. It is very important that all the stitches are crossed in the same direction - bottom left to upper right or upper right to bottom left. Be sure to keep the stitches relaxed allowing stitches to lay properly on the fabric.

Anchoring Floss: To anchor the ending threads simply take the needle to the backside of the fabric and run it through three or four vertical stitches. Carefully clip it close. Notice that the all stitches on the back side are vertical except where you might have had to skip a space.

Backstitching: Backstitching is done after all of the cross stitches are completed. Backstitching can be seen on the design chart as a solid line. Backstitching is usually done with 1 strand of floss. Begin by running thread through several stitches on the back of fabric to anchor it. Continue until backstitching is completed with floss on back side of fabric. Bring needle through several stitches to end floss and secure it.

French Knots: Using one strand of floss, anchor it securely on the backside of the fabric by running it under a few stitches. Bring the needle up to the front, snugly wrap the floss twice around the needle close to the fabric and return the needle through the same hole holding the knot in place until the needle is all of the way through. Do not pull tightly or the knot will slip through.